

## Lesson 3: Personality Types

This lesson will only work if all students have access to a computer connected to the internet.

### Task 1: Vocab Building

Common sense	Assertive	Capable	Careless
Conscientious	Dependable	Individualistic	Diligent
Responsible	Determined	Risk taker	Boastful
Enthusiastic	Kind	Reckless	Cheeky
Idealistic	Quiet	Adaptable	Irritable
Creative	Perceptive	Loyal	Impulsive
Sensitive	Forceful	Organised	Just
Open minded	Original	Bossy	efficient
Flexible	Independent	Stubborn	Cowardly
Outspoken	Analytical	Extravagant	Absent-minded

After working through the list with the students and defining each word, ask the students to place each of the character traits into categories (positive, negative, mixed). Feedback to class.

### Task 2: Prediction

Explain to your students that you are going to do a well-respected personality test. The inventors of the test believed that everyone could be categorised according to sixteen personality types.

Tell students that the worksheet you are going to give them is a summary of all sixteen personality types. Hand out the sheet (print out from this address: <http://www.personalitypage.com/html/high-level.html>).

Ask students to scan read the personality types and to put a cross beside three of the types which they consider definitely DO NOT apply to them. Now ask students to put a tick by three types that BEST apply to themselves. Depending on class size, feedback in groups and then as a class, or feedback directly to the teacher. (Depending on how well students know each other, an optional activity could involve the students categorising each other, and justifying their choices!)

<http://eslconversationlessons.wordpress.com/>

### **Task 3: Personality Test**

*Now it is time to do the personality test. Go to the following website:*

*<http://www.humanmetrics.com/cgi-win/jtypes2.asp>*

*Go through each question in turn, checking understanding, and getting each student to answer for themselves. Allow 30-40 minutes for the test – there are 72 questions!*

### **Task 4: Analysis**

*Upon completion of the questions, each student will receive their results as a four-letter code. Match the four-letter code to the categories on the 'sixteen personality types' sheet, for example ESFP = 'the caregiver'. Each personality type has an in depth analysis available on the website (for example 'the duty fulfiller' <http://www.personalitypage.com/html/ISTJ.html>)*

*Ask each student to read the in depth analysis of their personality type (if time is short, this can be a homework activity). In turn, or in small groups, students can feedback on their impressions of the test. Was it successful? Did the students correctly predict their personality type? Do they believe the results fairly reflect their own personality? etc. There should be plenty of inspiration for discussion to close the lesson.*